

Year 10

GCSE Success Evening 2

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#TeamLiskeard



Aims of the evening

- To share information with you on:
 - Key dates over Y10 and 11
 - Our ambitious vision in supporting your child to success:
 - What is happening in school on terms of exams, revision and support
 - General tips and revision techniques
 - Work Experience
 - Our Sixth Form
- To give you advice on how you can support your child at home.



Key Dates – End of Y10

- Week beginning 15th April – Launch of 100 Hours Revision Challenge for EOY10 Exams
- Week beginning 22nd April – Revision Techniques in Wednesday tutorial sessions
- Week beginning 17th June – EOY10 Exams over 2 weeks
- Week beginning 15th July – Y10 Work Experience
 - Forms should have been returned by Easter, if not, latest is Friday 24th May.
- Friday 24th July – Last day of Y10



Key Dates – Y11

- Start back on Wednesday 4th September
- September - Early Progress Evening
- November Mocks
- January – Mock Results Assembly
- January – Progress Evening
- March Mocks
- May/June - GCSEs



EOY10 Exams

- Week beginning 17th June – EOY10 Exams over 2 weeks
- 100 Hours Revision Challenge
- ‘Treat every set of exams as if they’re the real thing!’
- Implications of exams
 - Guiding interventions
 - Building blocks to success



100 Hours Revision Challenge

- Launched to Y10 on 16th April, 1 hour 37 minutes each day will achieve this!

100 Hour Revision Challenge
EOY10 Exams – REVISION PLANNER

Plan out your revision over the weeks running up to your EOY10 exams... and during the exams!

Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	15 th April	16 th April	17 th April	18 th April	19 th April	20 th April	21 st April
2	22 nd April	23 rd April	24 th April	25 th April	26 th April	27 th April	28 th April
3	29 th April	30 th April	1 st May	2 nd May	3 rd May	4 th May	5 th May
4	6 th May	7 th May	8 th May	9 th May	10 th May	11 th May	12 th May
5	13 th May	14 th May	15 th May	16 th May	17 th May	18 th May	19 th May
6	20 th May	21 st May	22 nd May	23 rd May	24 th May	25 th May	26 th May
7	27 th May	28 th May	29 th May	30 th May	31 st May	1 st June	2 nd June

100 Hour Revision Challenge
EOY10 Exams Summer 2024

Record how many hours of revision you do each day and week

Wk.	WB	M	T	W	T	F	S	S	Total
Wk. 1	15 th April								
Wk. 2	22 nd April								
Wk. 3	29 th April								
Wk. 4	6 th May								
Wk. 5	13 th May								
Wk. 6	20 th May								
Running Total:									

Half Term

Wk.	WB	M	T	W	T	F	S	S	Total
Wk. 7	27 th May								

EOY10 Exams start on the 17th June!

Wk.	WB	M	T	W	T	F	S	S	Total
Wk. 8	3 rd June								
Wk. 9	10 th June								
Wk. 10	17 th June								
Wk. 11	24 th June								
Running Total:									

English Maths Science

	1	2	3	4	5	6	7	8	9
English									
Maths									
Science									

Record the hours against the subjects you're revising to help you keep balance.

Colour the bars in as you achieve each hour of revision!

Hours!

name is

Exams in the pledge to

IRS

Start here...

General tips for students to achieve success

- Speak to teachers and ask if unsure about anything
- Keep asking for advice and following it
- Get revision guides now so students can start using them
- Stay on top of HW
- Continually revise and revisit topics on an ongoing basis, don't just wait until assessment periods
- Keep attendance high



Revision Techniques – what we're focusing on in school


- How to create a Revision Timetable
 - Mind Mapping
 - Flash Cards
 - Cornell Notes
 - Revision Guides
 - Exam Essentials
-
- All happening in Wednesday tutorial sessions



Revision Timetable

100 Hour Revision Challenge

EOY10 Exams – REVISION PLANNER



achieving more together

Plan out your revision over the weeks running up to your EOY10 exams... and during the exams!

Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	15 th April	16 th April	17 th April	18 th April	19 th April	20 th April	21 st April
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6	20 th May	21 st May	22 nd May	23 rd May	24 th May	25 th May	26 th May
7	27 th May	28 th May	29 th May	30 th May	31 st May	1 st June	2 nd June
8	3 rd June	4 th June	5 th June	6 th June	7 th June	8 th June	9 th June
9	10 th June	11 th June	12 th June	13 th June	14 th June	15 th June	16 th June

10	17 th June Exams start today!	18 th June	19 th June	20 th June	21 st June	22 nd June	23 rd June
11	24 th June	25 th June	26 th June	27 th June	28 th June		

Week Commencing:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am							
10:00am							
11:00am							
12:00am							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
8:00pm							
9:00pm							
10:00pm							

How to create a Revision Timetable



DOs

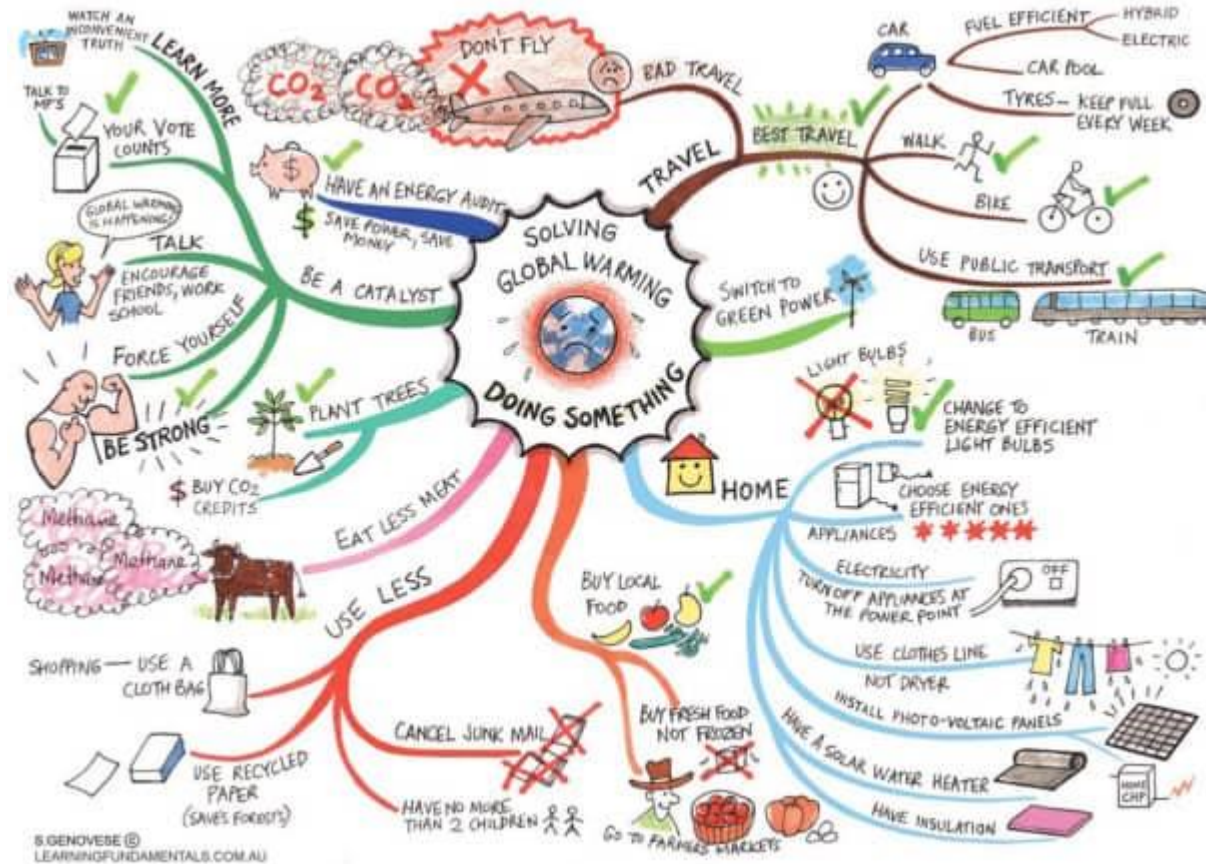
Consider how much time do you have to revise.
Prioritise and balance your subjects/topics.
Break subjects into topics.
Allocate 30 minute time slots.
Plan what to do in each revision session.
Stay flexible.
Make your timetable achievable.



DON'Ts

Leave everything until the last minute.
Just focus on your favourite subjects.
Just focus on the topics you feel happy with.
Work on one subject for hours.
Just pick up a random resource to revise.
Get stressed if you can't follow your timetable.

Mind Mapping



Mind Mapping

Great for collecting all information about a topic on one page and maximising the working of both sides of our brains.



DOS

Use different colours for different topics.

Use A3 paper to give you more room to get an entire topic on one page.

Try to copy out your mind map from memory.

Get someone to test you on it.



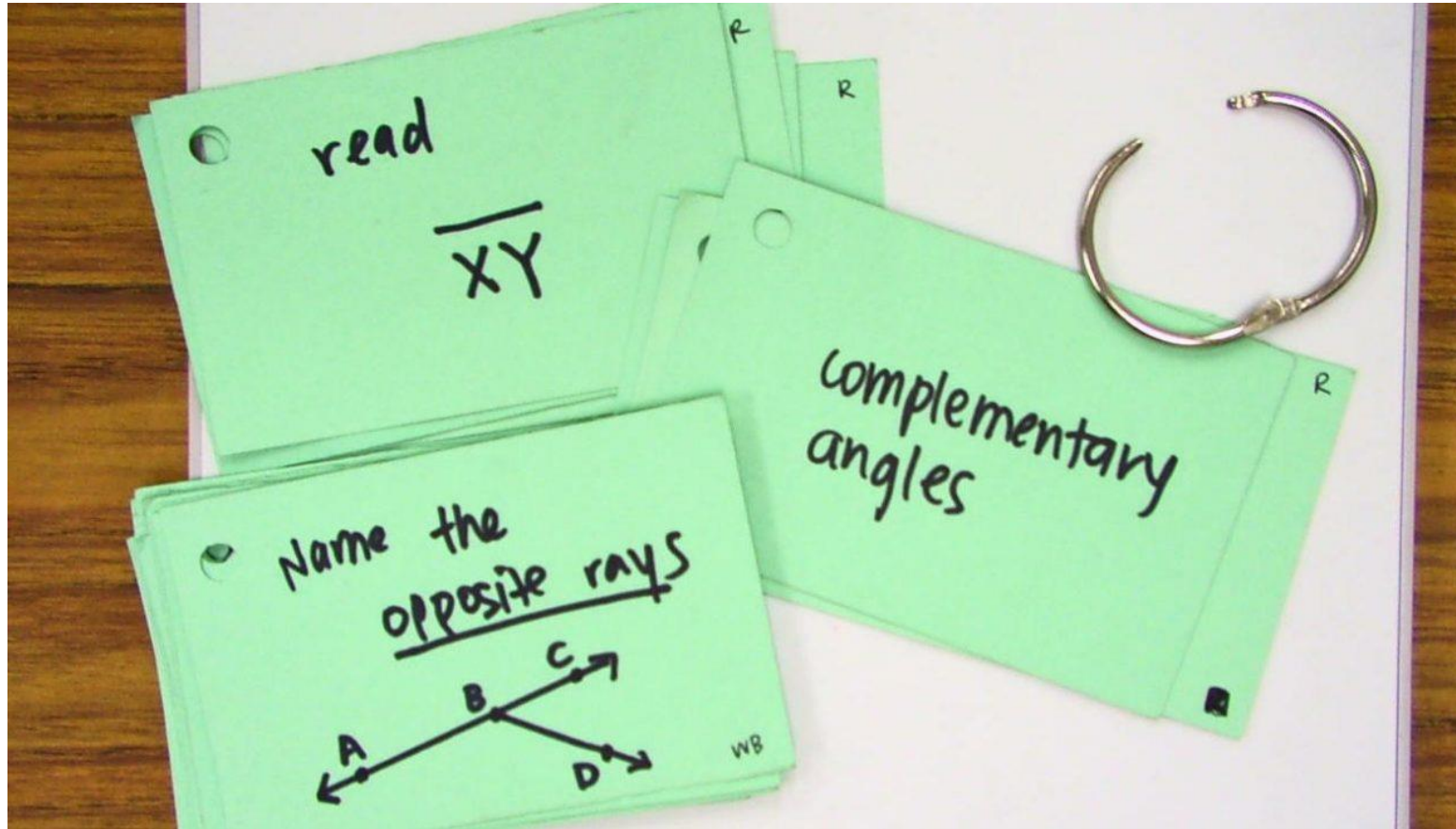
DON'Ts

Create your mind map in black and white.

Assume that writing something once means you know it.

Just look at the Mind Map.

Flash Cards



Flash Cards

Great for testing and improving memory through practiced information retrieval.



DOs

Make your own flash cards.

Use pictures and words together to help your memory .

Use mnemonics.

Put 1 question on 1 card (with the answer on the back).

Put 1 keyword on 1 card (with the definition on the back).

Break complex ideas down into multiple simple questions.

Using flash cards – test yourself, or get others to test you:

Say answers out loud.

Use your cards from both sides.



DON'Ts

Buy pre-made Flash Cards.

Cram as many facts as possible onto one card.

Assume that writing something once means you know it.

Just read the flash cards.

Cornell Notes

Stomach

What is the anatomy of the stomach?

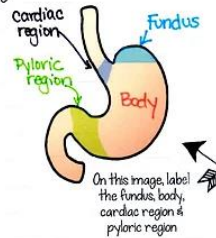
Stomach= muscular sac with thick walls
The stomach continues the processes of mechanical and chemical digestion.

What are sphincters and what is their function in the digestive system?

Thick rings of muscle that act as gatekeepers to regulate food movement

What two sphincters are located in the stomach?

- Cardiac sphincter = separates esophagus from stomach
- Pyloric sphincter = separates stomach from small intestine



How does mechanical digestion occur in the stomach?

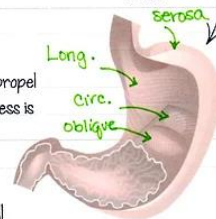
The stomach has a slippery outer layer of serosa, followed by 3 layers of muscle:

- Longitudinal muscularis
- Circular muscularis
- Oblique muscularis

These muscles help to churn food and propel it towards the small intestine. The churning process is known as maceration.

What are rugae? "wrinkles" in the mucosa that can stretch when full

On this image, label the serosa & each of the three layers of muscle.



How does chemical digestion occur in the stomach?

The mucosa layer of the stomach contains several specialized gastric gland cells:

- Mucus cells- secrete mucus to protect stomach lining
- Chief cells- secrete pepsinogen (inactive enzyme)
- Parietal cells- secrete HCl to kill microbes in food & convert pepsinogen into pepsin, which breaks down food proteins.

The soupy mixture formed from the squeezing of the stomach and the addition of these gastric juices is known as chyme.

Summary: The stomach is made of 3 muscular layers and an outer layer of serosa. During maceration, the stomach churns the food and gastric gland cells add chemicals and enzymes leading to the formation of chyme.

CORNELL NOTES

GUATEMALA

Key Ideas

Notes

4 neighboring countries

- Central America
- borders Mexico, Belize, Honduras, El Salvador

has 3 regions

- Regions formed by mountain ranges
- Divided east to west
- Pacific Coast, Petén, Highlands

mountains & volcanos

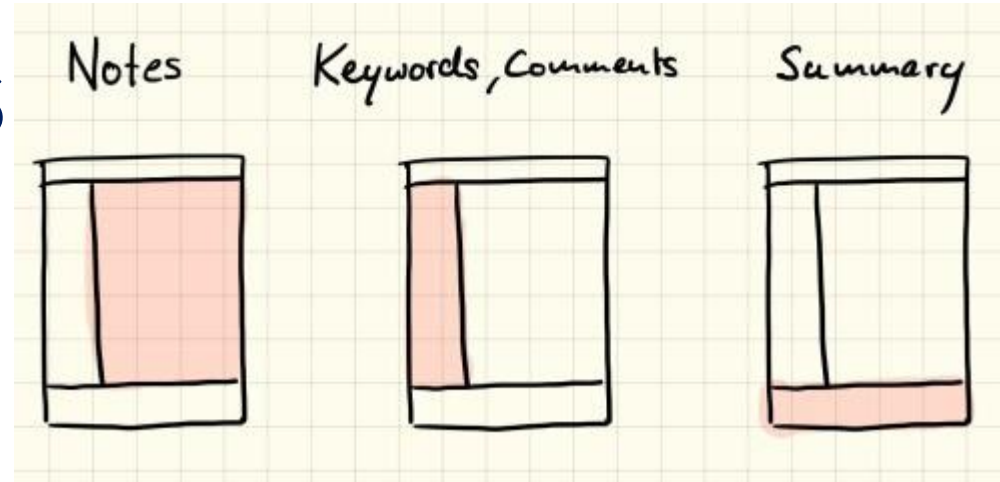
- 2 primary mountain ranges
- 37 volcanos (4 active)
- volcanoes cause earthquakes

Guatemala shares borders with 4 other countries. Mountain ranges divide Guatemala into 3 geographical regions.

WWW.COMPREHENSIBLECLASSROOM.COM

Cornell Notes

A great method for taking notes, as well as organising and summarising notes.



DOs

Set your page out as above.

Write your title in the top section.

Write your main notes and key thoughts in the largest section.

Write any keywords, comments, questions raised in the left column.

Summarise the information in the bottom section.

Get someone to test you on your questions/ keywords/ summaries to practice active recall.



DON'Ts

Write your notes over the entire page without sections.
Just highlight key words.

Revision Guides – see ParentPay



Revision Guides – see ParentPay

Great for having all detailed and relevant information in one place.



DOs

Familiarise yourself with the content and layout so you can use them effectively.

Get someone to test you on the information in your revision guide to practice active recall.

Where there are exam questions, attempt them.

Use your revision guides to help you make Cornell notes, or Flash Cards.

Teach someone else the content.



DON'Ts

Assume 'ownership = knowledge'.

Just read your revision guides.

Just highlight key words.

Exam Essentials

In Y11, students will receive an Exam Essentials document. This is a summary of:

- all the subjects they're studying
- topics they need to know for each subject
- detailed information on the types of questions and exam advice
- dates of exams
- best resources to use for revision



DOs

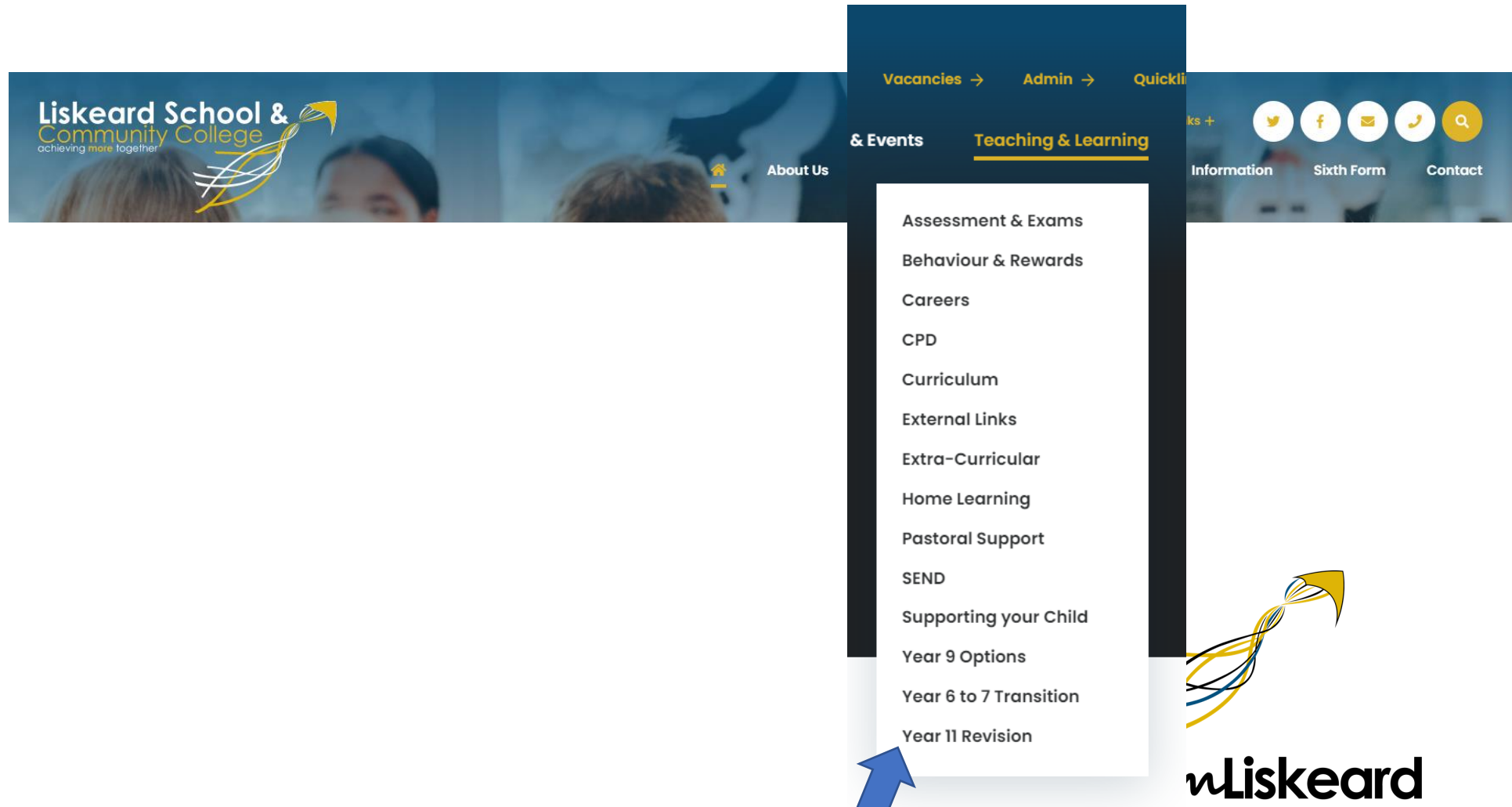
Use it to help plan revision for the run up to the summer. Consider the topics you need to work on, dates of the exams, number of papers in the subject, suggested resources.



DON'Ts

Assume 'ownership = knowledge'.

Subject Specific Materials on our website



Year 11 Revision

[HOME](#) > [TEACHING & LEARNING](#) > [YEAR 11 REVISION](#)

A horizontal banner with a dark blue background. The left and right sides feature a pattern of colorful dots in red, yellow, green, and blue. The word "Science" is written in large, bold, yellow letters in the center. A small yellow plus sign is on the right side.

Science

A horizontal banner with a dark blue background. The left and right sides feature a pattern of colorful squares in yellow, green, blue, and pink. The word "English" is written in large, bold, yellow letters in the center. A small yellow plus sign is on the right side.

English

A horizontal banner with a dark blue background. The left and right sides feature a pattern of colorful squares in yellow, green, blue, and pink. The word "Mathematics" is written in large, bold, yellow letters in the center. A small yellow plus sign is on the right side.

Mathematics



Languages

French

Exam Essentials – GCSE French

Personal Learning Checklist

Knowledge Organisers

Spanish

Next Year - Exams

- November Mocks – 100 Hour Revision Challenge 1
- March Mocks – 100 Hour Revision Challenge 2
- GCSEs – 100 Hour Revision Challenge 3

100 Hour Revision Challenge March Mocks

achieving more together

	WB	M	T	W	T	F	S	S	Total
Wk. 1	2nd Jan								
Wk. 2	9th Jan								
Wk. 3	16th Jan								
Wk. 4	23rd Jan								
Running Total:									

Record how many hours of revision you do each day and week

	WB	M	T	W	T	F	S	S	Total
Wk. 5	30th Jan								
Wk. 6	6th Feb								
Wk. 7	Half Term								
Wk. 8	20th Feb								
Running Total:									

Record the hours against the subjects you're revising to help you keep balance.

100 Hour Revision Challenge March Mocks - REVISION PLANNER

achieving more together

Plan out your revision over the weeks running up to the March Mocks...

Week	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1	2nd Jan	3rd Jan	4th Jan	5th Jan	6th Jan	7th Jan	8th Jan
2	9th Jan	10th Jan	11th Jan	12th Jan	13th Jan	14th Jan	15th Jan
3	16th Jan	17th Jan	18th Jan	19th Jan	20th Jan	21st Jan	22nd Jan
4	23rd Jan	24th Jan	25th Jan	26th Jan	27th Jan	28th Jan	29th Jan
5	30th Jan	31st Jan	1st Feb	2nd Feb	3rd Feb	4th Feb	5th Feb
6	6th Feb	7th Feb	8th Feb	9th Feb	10th Feb	11th Feb	12th Feb
7	13th Feb	14th Feb	15th Feb	16th Feb	17th Feb	18th Feb	19th Feb

Next Year – supporting your child to achieve success

- Additional Maths and English Curriculum time during tutorial alongside pastoral support offered to all students
- Period 5 – Mon, Tues and Wed (Additional Maths, English and Science)



Why are we continuing to offer this support?

- To give the opportunity for students to excel
- To support students to continue to develop strategies for effective study, self- management and independent learning
- To provide more time to learn, digest and revise the content in English, Science and Maths to support success



Additional information about the changes which may be useful

- It will be a part of the school day – all students will be expected and supported to attend
- We will consider students' wellbeing and need for breaks and extra-curricular time
- We will manage homework and additional revision requirements to adjust for additional teaching time
- We will be as flexible as possible and work with individual families to overcome challenges
- We recognise that students have built relationships with tutors and we will support access to their Yr 7-10 tutors throughout the year
- Access to specialist pastoral support remains unchanged
- We will provide transport for all students who currently use Cornwall Council School Transport Services, (the 73 and 74 service will be as per the normal public bus timetable.)



#TeamLiskeard



- Our results put us above the National average.
- We have the best value added score in South East Cornwall.
- Our subject offer is predominantly A level.
- Minimum entry requirement for Sixth Form is 5 GCSEs at grade 4 (there are individual subject requirements too) – so it is important to make the most of Y10 to build strong foundations.
- Trips to University Open Days to help students to make decisions about their future. Visits to include Bristol, Cardiff, UCL and Oxford.
- November Sixth Form Open Evening.



How to help with revision at home

- Ensure your child attends school.
- Add key dates to family calendars.
- Be involved in revision sessions – test them and allow them to teach you!
- Support your child to stick to their Revision Timetable.
- Help them to have a quiet place to study and minimise distractions.
- Make sure they have breaks.
- Encourage good sleeping habits.
- Encourage exercise.
- Ensure they eat breakfast.
- Have tasty snacks, support and motivation on hand!

Remember that you are also a part of  **#TeamLisheard**