

21st February 2023

Dear Parent/Carer

I hope your son/daughter is looking forward to the London Values and Democracy trip on Thursday 2nd to Friday 3rd March. This letter contains all of the final pieces of information that you need, but I can be contacted over on my email eloffhouse@liskeard.net if you have any further questions or queries.

Departure

We will be leaving school at 5.15am prompt from the bus parking area. Please arrive in good time to load luggage, pass on any final information, and say your farewells. My colleagues and I will be there from 4.50 am to meet you.

Luggage/Kit list

Students must bring a day bag such as a rucksack with everything they will need for the journey and daytime activities including enough food and drink for their breakfast on the coach, and for a packed lunch in London and drink (a re-fillable water bottle would be useful). The overnight bag should be separate and will be placed in the coach luggage compartment; students will not have access to this until we arrive at the youth hostel after the show.

Students are not required to wear school uniform but must be modestly dressed in appropriate clothing; for example, jeans, t-shirt and a jumper. There will be some walking throughout the trip, so flat comfortable trainers would be best. Please bring a waterproof outdoor coat and a change of clothing for the following day. Please be aware of the requirements for the Mosque visit and ensure students have appropriate clothing available for this. If they are bringing extra clothes to 'put over the top' of their normal clothing, please ensure this is in your child's day bag. Girls need to bring a scarf as they are required to wear one around their heads whilst visiting parts of the London Central Mosque.

The Youth Hostel provides bedding but not towels and toiletries so students will need to bring their own with them.

Mobile Phones and Technology

Students are welcome to bring mobile phones and technology on the trip, but they remain the responsibility of the student at all times, and the school accepts no liability for their loss or damage. Phones may be used to take keepsake photos when appropriate and for music/games on the coach. The photos are for private use only and are not to be shared on social media. Students will not be allowed to listen to music whilst at the different venues and any inappropriate use of a mobile phone could lead to confiscation.

Spending Money

The only money needed is to buy snacks and possibly a souvenir if we have time. Any additional spending money is at your discretion; there will be very few opportunities to buy anything as we have a tight schedule of activities. Any spending money is the responsibility of your child.

Return Journey

We will be leaving the London Eye at approximately 5.00pm for our journey home. This will involve the river cruise. We aim to be back on the bus at around 6.00pm and expect to arrive back at Liskeard at 11.00pm. We will inform students to give you a message or call when we are crossing the Tamar Bridge.

Safeguarding

Keeping students safe is our utmost priority. Students will be required to wear a blue Liskeard wristband with the school name and contact number on at all times. I will carry the school mobile phone with me and will contact you if there is an emergency. If there is an emergency at home that you need to let me know about, I can be contacted on 07498 241634. This is for emergencies only. If you need to contact us during school time, please contact reception in the first instance, who will then contact me. Please do remember that due to the activities, there will be times when we will be unable to be contacted, so please do not be concerned if we do not answer or get back to you straight away. If your mobile or other contact number changes prior to the trip, please ensure we are informed prior to leaving.

Medical

We have information about your child's medical needs from your consent form. If your child needs to take any medicine whilst on the trip, this needs to be placed in a clear plastic bag, clearly labelled and with instructions. All medicines are to be passed to a member of staff the morning of departure. If your child's medical needs change before the trip, please inform me prior to our departure by e-mail or a phone call.

Covid-19 or Illness

Please be aware that there are now no national restrictions related to Covid-19. If your child has Covid-19, or any other illness and so cannot attend, please let me know on Thursday morning prior to departure via the emergency phone number or my email. You should still contact the attendance office as normal, but I will not pick this up prior to departure.

It all looks set to be a memorable trip. Please do not hesitate to contact me if you have any further questions or information to share prior to the trip.

Yours sincerely

Mrs E Lofthouse