SPORT STUDIES - R185

Topic 1 - Key Components of Performance

Tactics v Strategy

Creativity & Decision Making

Individual Performance & Team Performance



Topic 4 - Leading a Sports Activity Session

Leadership Styles

Delivery Styles

Communication & Motivation Skills



Topic

Topic 3 - Organising a Sports
Activity Session

Safety Considerations

Objectives to Meet

Factors When Planning





Reviewing Planning

Reviewing Leadership







