## Year 7 Residential Experience – Porthpean Outdoor Education Centre

## Student Kit List

## All kit should be clearly named.

- At least 2 complete changes of clothing (including a sweatshirt, tracksuit bottoms, T-shirt, shorts and underwear).
- > Warm nightwear
- Strong pair of shoes/boots for walking
- Old trainers for wearing in the sea
- Trainers (not your best pair!)
- Waterproof jacket (and waterproof leggings optional)
- Warm hat
- ➢ Gloves
- Swimwear
- > Towel
- Sleeping bag, duvet and pillow (in fact as much warm bedding as possible)
- ➤ Bin liners for dirty/wet clothes
- ➤ Toilet bag soap, shampoo, toothbrush/paste
- Suntan lotion
- Personal medication with instructions for use handed to tutor on morning of departure
- Pencil case, pen, pencil, ruler
- Reading book
- > Torch
- Packed lunch on departure day (staff will provide free school meals for those students entitled to a free school meal)
- A drinks bottle/flask
- Mug for evening hot chocolate
- > A small daysack for carrying lunch, waterproof on each day etc



YES: A small amount of money



NO: Mobile phones, IPADS, Gaming devices, Knives