

5th October 2022

Dear Parents and Carers

As a part of your child's education at Liskeard School and Community College, we promote personal well-being and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. I am writing to advise you of the PSHE programme for 2022. The Y11 PSHE programme in 2022 will include RSE (Relationships and Sexual Education) lessons that will teach about healthy relationships, including friendships; families; puberty*, self-esteem and confidence.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

Please visit the school's website: <https://www.liskeard.cornwall.sch.uk/parents-carers/psche> for more details about our PSHE curriculum.

All PSHE teaching will take place in a safe learning environment and is under-pinned by our school ethos and values. As a school community, we are committed to working in partnership with parents.

Parents have the right to withdraw from the sections marked with an * up until two terms before your child's 16th birthday. If you would like to discuss withdrawing your child or if you would like to find out more or discuss any concerns, we would urge you to contact: Mrs Emily Lofthouse Head of PSHE eloffhouse@liskeard.net

Yours sincerely

Emily Lofthouse

<u>PSHE: Autumn 1 Relationships</u>	<u>Concepts: Health/Relationship</u>
Tutor Sessions: (2 per week on PSHE day)	Week 1: So, what now? Week 2: Pressure (Penis) Week 3: Sexual Health Week 4: Consent Week 5: Parenting Week 6: LGBT rights
<u>PSHE: Autumn 2 Finance/Relationship</u>	<u>Concept: Careers/Identity/Power</u>
Tutor Sessions: (2 per week on PSHE day)	Week 1: Drugs Week 2: Drugs Week 3: Mental health Week 4: Revision Week 5: Revision Week 6: FOMO Week 7: Mental Health
Spring 1: Finance	<u>Concept: Health/Relationship/Risk</u>
Tutor Session	Week 1: Finance- Borrowing Week 2: Finance APR Week 3: Finance Repayment Week 4: Compound Interest Week 5: Family Life