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| <u>PSHE: Autumn 1</u> Health | <u>Concepts: Relationships/Risks</u> |
| Tutor Sessions: (1 per week on PSHE day) | Week 1: Rules Week 2: Manners Week 3: Finance: What is your money personality Week 4: Finance: Value for money Week 5: Who can help me? Week 6: Black History Month |
| 75 Minute Sessions- 1 per fortnight (Timetabled Session) | Week 1 and 2- Rise Above: Alcohol Week 3 and 4 Rise Above: Smoking Week 5 and 6 Understanding Drugs Week 7 and Week 8 First Aid: Develop and share their ideas around 'helping others' |

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| <u>PSHE: Autumn 2</u> Diversity | <u>Concept: Careers/Identity/Power</u> |
| Tutor Sessions: (1 per week on PSHE day) | Week 1: Anti Bullying Week 2: Equality Week 3: I am Train Safe Week 4: What is Parliament? Week 5: Resilience Week 6: Kindness |
| Tutor Sessions: (1 per week on PSHE day) 75 Minute Sessions- 1 per fortnight (Timetabled Session) | Week 1 and 2 -Ivor Cummings and the Windrush Generation Week 3 and 4 -Gender Orientation: Smashing Stereotypes and feeling proud Week 5 and 6 -I'm with Sam: Learning about the place of people with learning disabilities within a diverse society |
| Spring 1: Resilience and Health | <u>Concept: Health/Relationship/Risk</u> |
| Tutor Session | Week 1: My Media Week 2: My Media (part 2) Week 3: Gender Stereotypes Week 4: Gender Stereotype (part 2) Week 5: Internet Citizen |
| 75 minute Session | Week 1 and 2: Attitudes to Mental Health Week 3 and 4: Promoting emotional wellbeing Week 5 and 6: Digital Resilience |

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| Spring 2: Relationship and Sexual Health | Concept: Diversity and equality |
| Tutor Session | Week 1: Self Esteem Week 2: Cyberbullying Week 3: Radicalisation Week 4: Parenting Week 5: Parenting |
| 75 minute Session *Brook Works Education Session – Body Image – Outside Agency | Week 1 and 2: Relationships Values * Week 3 and 4: Consent * Week 5 and 6: Consent and the Law * |

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| Summer 1: Careers | Concept: Identity/Health/Relationship |
| Tutor Session | Week 1: Peer Pressure Week 2: Emotional Resilience Week 3: Ups and Downs of a day Week 4: Identity Week 5: Understanding Emotional Health Week 6: How to revise |
| 75 minute Session | Week 1 and 2: Employability Skills Week 3 and 4: Train the right way- Apprenticeships Week 5 and 6: Fraud- CIFAS |

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| Summer 2- Finance/ Relationships/Health | Concept: Risk/Diversity and Equality |
| Tutor Session | Week 1 Finance- Saving Week 2 Finance- Saving Accounts Week 3 Finance- Money and Mental Health Week 4- Finance- Budgeting Week 5 Finance- Spending Week 6- Finance- Value for Money |
| 75 minute Session | Week 1 and 2- FGM * Week 3 and 4- Body Image and Advertising Week 5 and 6- Confident Me! |