

<u>PSHE: Autumn 1</u> Health	<u>Concepts: Health/Power</u>
Tutor Sessions: (2 per week on PSHE day)	Week 1: Mental Health Week 2: Reframing Negative thinking Week 3: Mental Health- Asking for Help Week 4: Drugs Week 5: Drugs Week 6: Learning skills for KS4
<u>PSHE: Autumn 2</u> <u>Finance/Relationship</u>	<u>Concept: Careers/Identity/Power</u>
Tutor Sessions: (2 per week on PSHE day)	Week 1: Anti Bullying Week 2: Gambling Week 3: Gambling Week 4: Cybercrime Week 5: Consent Week 6: Bold Voices- Gender Based Violence Week 7: Bold Voices- Gender Based violence
Spring 1: Relationships/Sexual Health	<u>Concept: Health/Relationship/Risk</u>
Tutor Session	Week 1: Sexuality Stereotypes Week 2: Relationships Week 3: Communication in relationships Week 4: Family Life Week 5: Family Life
Spring 2: Relationships/British Values	<u>Concept: Diversity and equality</u>
Tutor Session	Week 1: Gender based violence Week 2: British Values Week 3: British Values Week 4: First Aid- Call Push Rescue Week 5 : Emotional wellbeing in the media
Summer 1: Careers/Values	<u>Concept: Identity/Health/Relationship</u>
Tutor Session	Week 1: Careers: Environmental Issues Week 2: Inclusion/Discrimination/Extremism Week 3: The rights idea Week 4: Identity Week 5: Understanding Emotional Health Week 6: How to revise
Summer 2- Finance/ Relationships/Health	<u>Concept: Risk/Diversity and Health</u>
Tutor Session **	Week 1 Pregnancy Week 2 Miscarriage Week 3 Abortion Week 4- Same Sex Pregnancy Week 5 Work Experience Week 6- Work Experience