

CNATS Sports Studies

Course Overview

R184 - Contemporary Issues in Sport - Mandatory

What's Assessed:

- Topic 1: Issues with **affect participation** in sport
- Topic 2: The role of sport in **promoting values**
- Topic 3: The implications of **hosting** a major sporting event
- Topic 4: The **role of NGBs** in the development of sport
- Topic 5: The **use of technology** in sport

How it's Assessed:

- Written Exam:
1hr 15 mins
- 70 Marks (80 UMS)
- 40% of qualification



R185 - Performance and Leadership in Sports Activities - Mandatory

What's Assessed:

- Topic 1: Key **components of performance**
- Topic 2: Applying **practice methods** to support improvement in a sporting activity
- Topic 3: **Organising and planning** a sports activity session
- Topic 4: **Leading** a sports activity session
- Topic 5: **Reviewing** your own performance in planning and leading a sports activity session

How it's Assessed:

- OCR-set assignment
- Internally assessed
- 80 Marks (80 UMS)
- 20% of qualification



R186 - Sport and the Media - Optional

What's Assessed:

- Topic 1: The different **sources of media** that cover sport
- Topic 2: **Positive** effects of media on sport
- Topic 3: **Negative** effects of media on sport

How it's Assessed:

- OCR-set assignment
- Internally assessed
- 40 Marks (20 UMS)
- 20% of qualification



R187 - Outdoor and Adventurous Activities - Optional

What's Assessed:

- Topic 1: **Increasing awareness** of outdoor and adventurous activities
- Topic 2: **Equipment, clothing** and **safety** aspects of participating in outdoor and adventurous activities
- Topic 3: **Plan** for and be able to **participate** in an outdoor and adventurous activity
- Topic 4: **Evaluate participation** in an outdoor and adventurous activity

